



About ACRP

The goal of ACRP is to prevent out-of-home placement of children and adolescents and enable the family unit to remain intact.

Through the introduction of available community resources and through guidance, mentoring, and assistance with skill building, youth and families at-risk of being separated and/or experiencing problems within the home, school, or community will be able to help themselves.

To achieve this goal, ACRP provides a variety of programs and services for children, adolescents, families, and adults in the community at large.

ACRP offers:

- ◆ *Accountability Enhancement Program*
- ◆ *ADHD Summer Treatment Program*
- ◆ *After School Treatment Program*
- ◆ *Alternative Education & Treatment Program*
- ◆ *Behavioral Health Rehabilitative Services (Wraparound)*
- ◆ *Children & Adolescent Partial Hospitalization Program*
- ◆ *Community Service Projects*
- ◆ *Family Based Mental Health Services*
- ◆ *Family Preservation Services*
- ◆ *Fatherhood Initiative Workshops*
- ◆ *Firesetter Intervention Program*
- ◆ *Parent & Specialized Group Sessions*
- ◆ *Peer Specialists (Adult)*
- ◆ *Psychiatric Outpatient Clinic*
- ◆ *Psychological & Psychiatric Services*
- ◆ *Recreational & Community Activities*

How to Contact Us

ACRP Psychiatric Outpatient Clinic

131 Market Street
Johnstown, PA 15901
(814) 534-0745

Vicki L. Hess, LSW, MSW
Outpatient Program Director

Ebensburg Office

118 W. High Street
Ebensburg, PA 15931
(814) 472-9330

Somerset County

1590 N. Center Ave, Suite 101
Somerset, PA 15501
(814) 445-1717

Bedford County

Keystone North Professional Bldg.
3759 Business Route 220
Bedford, PA 15522
(814) 623-1212

Blair County

3010 7th Avenue
Altoona, PA 16602
(814) 942-9425

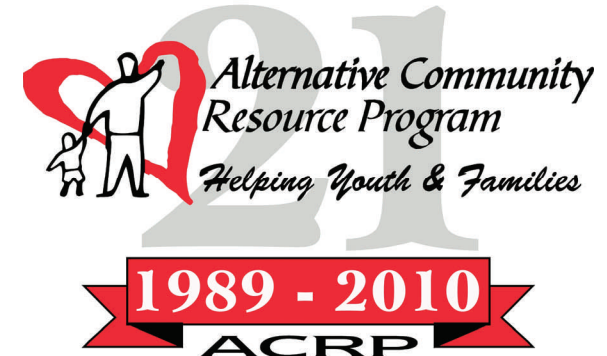
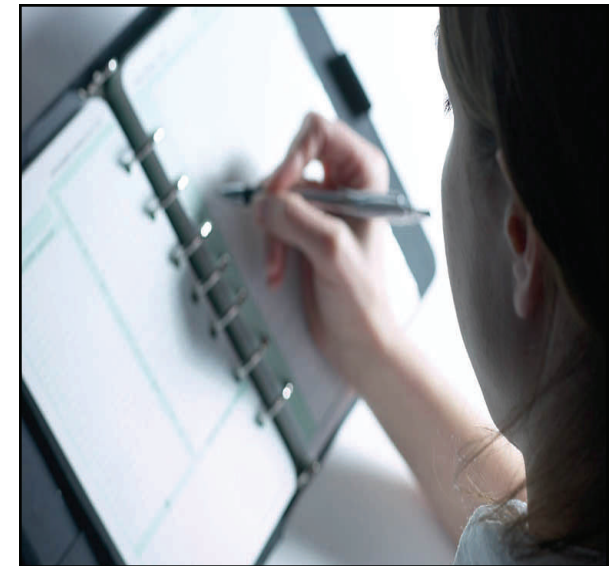
Frank J. Janakovic
Executive Director

Anil Parekh, M.D.
Psychiatrist, Medical Director

Hours of Operation

Johnstown Clinic
Monday & Friday 8:00 am-4:30 pm
Tuesday, Wednesday & Thursday
8:00 am-7:00 pm
Saturdays—Optional

ACRP's School Based Counseling



Emotional Stability = Academic Success

The goal of Outpatient School Based Counseling is to increase the student's level of functioning within the school environment. Therapeutic and solution-focused interventions can assist the student's overall ability to control problematic behaviors or symptoms and increase ability to function within the home/family, school, and community environments.

The School Based Outpatient therapist can work with a multitude of identified mental health diagnoses. Some of the common diagnoses are: Depressive or Anxiety Disorders, Mood Disorders, Bipolar Disorder, ADHD, Oppositional Defiant Disorder, Adjustment Disorder, Post Traumatic Stress Disorder, Reactive Attachment Disorder, Autistic Spectrum Disorders, Social or School Phobia, or Schizophrenia.

The School Based Therapist can facilitate Individual, Group or Family therapy within the school environment depending on the need of the student. An individualized treatment plan is completed with the student in order to identify strengths and set goals. The treatment plan is a necessary tool to measure positive outcomes.

Individual counseling can address the behavioral issues that interfere with classroom management and the learning environment. Positive therapeutic interventions can facilitate a decrease in the incidence of disciplinary action such as detention or in-or-out of school suspension.

Therapeutic interventions can increase self esteem, confidence, security, stability, resilience, ability to cope, increase insight and judgment, problem solving and conflict resolution skills, anger management skills, and suicide prevention. Interventions utilized can also assist in prevention of peer relational problems, bullying, conflicts with authority figures, verbal and physical aggression.

Referral Checklist

- Student must have Medical Assistance Insurance (MA/Access Card) for School Satellite services; however, ACRP can assist the student with this process.
- Student must have a mental health diagnosis or meet criteria to be diagnosed by the therapist (for example... Depressive Disorder, ADHD, Oppositional Defiant Disorder, Anxiety Disorder, Bipolar Disorder, Adjustment Disorder, Eating Disorder)
- Student cannot already have another Outpatient Therapist or Mobile Therapy with another agency.
- Student does NOT need an IEP
- As designated by each school's policy, either the Guidance Office, School Administrators, or the Student Assistance Program can make the referral directly to our School Based Outpatient Therapist.
- Referrals can also be made directly to our Outpatient Psychiatric Clinic by calling (814) 534-0745 by the parents or students (if age 14 or over). This is due to confidentiality and right to seek mental health treatment.
- The school is also able to make referrals directly to our clinic as long as there is a current Release of Information signed by the parent or the student is over the age of 14.



When contacting the Outpatient school site, office/clinic or therapist, the insurance information is needed for the pre-intake, which is the initial phone contact. After the pre-intake information is received and insurance is verified, the student or the student's family is contacted regarding the initial evaluation. This evaluation, the Intake, can take place at the school or one of the ACRP offices.

- If the student is under the age of 14, the parent must be present during the initial intake. If the student is age 14 or over, the student does not require that the parent be present, but parental involvement and/or notification is recommended.
- All students may be seen in the school environment for ease and accessibility to mental health treatment unless other recommendations are requested by the student or their family.

For more information please contact:

Jill Surloff, LCSW

School Satellite Supervisor

(814) 534-0745 Ext. 340

or

Vicki L. Hess, LSW, MSW,
Outpatient Program Director

(814) 534-0745 Ext. 310