



About ACRP

The goal of ACRP is to prevent out-of-home placement of children and adolescents and enable the family unit to remain intact.

To achieve this goal, ACRP operates several children/adolescent and family programs and conducts a variety of services for youth, families, and adults in the community at-large.

Youth and families at-risk of being separated and/or experiencing problems within the home, school, or community will receive guidance, mentoring, assistance with skill building, and will be introduced to available community resources to allow youth and families to help themselves.

ACRP offers:

- ◆ *Accountability Enhancement Program*
- ◆ *ADHD & ASD Summer Treatment Program*
- ◆ *After School ADHD & ASD Treatment Programs*
- ◆ *Alternative Education Program*
- ◆ *Behavioral Health Rehabilitative Services (Wraparound)*
- ◆ *Banded Case Management*
- ◆ *Family Preservation Services*
- ◆ *Family Center*
- ◆ *Firesetter Intervention Program*
- ◆ *Individual & Family Therapy*
- ◆ *Peer Specialists (Adult)*
- ◆ *Psychiatric Outpatient Clinic/ Medication Management*
- ◆ *Psychological & Psychiatric Services*
- ◆ *Recreational & Community Activities*
- ◆ *Respite Program*

ACRP Corporate Office

131 Market Street
Johnstown, PA 15901
(814) 535-ACRP

Frank J. Janakovic
Executive Director

ACRP / St. Michael's School Children & Adolescent Partial Hospitalization Program

188 Gilbert Street
Johnstown, PA 15906
(814) 539-7339

Rosellen Lehman, MA
Program Director

Miranda Sinumic, MSW, LSW
Mental Health Professional

**For more information about ACRP
call
Toll-free 1-888-308-6783 or
Visit us online at www.acrpkids.org**



Children & Adolescent Partial Hospitalization Program



CHILDREN & ADOLESCENT PARTIAL HOSPITALIZATION PROGRAM

What is Partial Hospitalization?

ACRP's Children & Adolescent Partial Hospitalization Program is the best of both worlds for young people with a serious mental health diagnosis.

Partial hospitalization allows children and adolescents to receive intensive psychiatric and therapeutic treatment while remaining at home with parents and siblings.

Patients attend—Monday through Friday based on a traditional school day—days are structured around a combination of education, group and individual therapy. Staff monitor prescribed medications under the guidance of a licensed psychiatrist. Patients also take part in an educational program designed to keep them on track academically while being treated for their mental health needs.

ACRP offers patients an environment that is structured and therapeutic. While enrolled, patients focus on developing emotional stability, self-esteem, and coping skills such as conflict resolution, social skills, and anger management. We encourage the patient to

take responsibility for their own treatment. The goal is to transition patients back into the traditional school setting and community activities, be treated in a less restrictive environment, and lead a productive life.

The length of treatment depends on each patient's needs and progress. Each patient's progress is reviewed every 20 treatment days; thus, length of participation varies for each individual. As soon as a patient meets his or her treatment goals, he or she is transitioned into a less restrictive level of care.

**Contact Rosellen Lehman,
Program Director
(814) 539-7339**

Psychological Services

ACRP offers psychiatric and psychological evaluations for children and adolescents to determine whether Partial Hospitalization, Behavioral Health and Rehabilitative Services, or other programs or services may be needed.

Call (814) 535-2277 for more information or to schedule an appointment.

Who is Eligible?

The Children & Adolescent Partial Hospitalization Program is designed for children in grades one (1) through five (5) and adolescents in grades 6—12 with a psychiatric condition that puts them at risk for inpatient hospitalization or residential treatment. Common diagnoses include depression, anxiety, schizophrenia, bi-polar disorder, post-traumatic stress disorder, and attention deficit hyperactivity disorder.

How Do I Enroll My Child?

Students are usually referred by physicians, mental health professionals, educators, child welfare and juvenile probation workers, or parents. A referral is followed up with an initial intake with the potential patient and his or her family. If the student is an appropriate candidate for partial hospitalization, an evaluation is scheduled with a staff psychiatrist. The patient's admission is based upon the psychiatrist's recommendation and approval by the Managed Care Organization.

For more information about the Children & Adolescent Partial Hospitalization Program please call (814) 539-7339 or check us out on the web www.acrpkids.org for more program information.