

## Our Mission

It is the goal of ACRP's Psychiatric Outpatient Clinic to increase the consumer's level of functioning and well-being so that each individual may experience a better quality of life. ACRP will provide quality care and treatment in the most efficient manner and least restrictive environment.

The mission of ACRP is to provide quality mental health services within the community and promote opportunities for personal growth and potential, regardless of an individual's race, gender, creed, religious affiliation, age or sexual orientation.

### ACRP also offers:

- ◆ *Accountability Enhancement Program*
- ◆ *ADHD Summer Treatment Program*
- ◆ *After School Treatment Program*
- ◆ *Alternative Education & Treatment Program*
- ◆ *Behavioral Health Rehabilitative Services (Wraparound)*
- ◆ *Children & Adolescent Partial Hospitalization Program*
- ◆ *Community Service Projects*
- ◆ *Family Based Mental Health Services*
- ◆ *Family Preservation Services*
- ◆ *Fatherhood Initiative Workshops*
- ◆ *Firesetter Intervention Program*
- ◆ *Parent & Specialized Group Sessions*
- ◆ *Peer Specialists (Adult)*
- ◆ *Psychological & Psychiatric Services*
- ◆ *Recreational & Community Activities*

## How to Contact Us

### ACRP Psychiatric Outpatient Clinic

131 Market Street  
Johnstown, PA 15901  
**(814) 534-0745**

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**Ebensburg Office**  
118 W. High Street  
Ebensburg, PA 15931  
**(814) 472-9330**

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**Somerset County**  
1590 North Center Ave, Suite 101  
Somerset, PA 15501  
**(814) 445-1717**

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**Bedford County**  
Keystone North Professional Bldg.  
3759 Business Rt. 220  
Bedford, PA 15522  
**(814) 623-1212**

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**Blair County**  
3010 7th Avenue  
Altoona, PA 16602  
**(814) 942-9425**

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**Frank Janakovic**  
*Executive Director*

**Anil Parekh, M.D.**  
*Psychiatrist, Medical Director*

**Mukundam Veerabathini, M.D.**  
*Psychiatrist*

## Hours of Operation

**Johnstown Clinic**  
Monday & Friday 8:00 am-4:30 pm  
Tuesday, Wednesday & Thursday  
8:00 am-7:00 pm  
Saturdays—Optional

# ACRP Outpatient Clinic



## Therapeutic Interventions

*Interventions will challenge consumers to attain their goals in a nurturing and supportive environment.*

*The following are available for children and/or adults...*

**Individual Therapy** ~ Individualized one-on-one therapy provided by trained professionals which builds upon the strengths of the consumer.

**Family Therapy** ~ Therapy involving significant & supportive family members, targeted at assisting them in dealing with mental illness. Including the family encourages support in all aspects of the consumers life style.

**Group Therapy** ~ Therapy providing a venue for honest expression and “sharing” with peer support and encouragement. Group therapy sessions may target specific goals or include “open” discussion.

**Psychiatric & Psychological Evaluation** ~ Upon referral or appointment to the Outpatient Clinic, consumers may receive a psychiatric evaluation or assessment from a Psychiatrist or Psychologist to track progress and help further treatment.

**Psychopharmacology (Drug Treatment)** ~ Necessary medication may be prescribed and monitored by Psychiatrists to enhance therapeutic interventions and quality of life.

## Who Can Help You?

**Staff Psychiatrist:** Provides care & treatment to consumers enrolled in the ACRP Outpatient Clinic. The Psychiatrist will also regularly monitor treatment plans, make diagnoses, determine & assist in carrying out treatment goals and provide resources & support to clinic staff.

**Staff Psychologist:** Provides therapy, psychological testing, evaluation & assessment both on site and in the field. The psychologist will help identify behavioral goals and recommend appropriate services for each individual consumer.

**Mental Health Professional (MHP):** Works with the consumer and their families to design a treatment plan, as well as identify goals and intervention methods. The professional will provide therapy, track the consumer’s progress, and coordinate all interventions.

**Certified Peer Specialist:** Works one-on-one with adults in the home and community to help identify and achieve specific life goals. A staff person with a mental health or co-occurring disorder who has been trained and certified to share their recovery experiences and relationships will work with the client in the recovery-based mentorship program.



**Do you need assistance?  
Our staff can help!!**  
Call today to schedule your appointment.

**(814) 534-0745 or 1-888-308-6783**

## Steps to Receiving Therapeutic Services

**1. Making a Referral** ~ If you would like to make a referral or you wish to seek help please contact the clinic to schedule an intake/evaluation.

**2. Intake Assessment** ~ Upon initial contact with the ACRP Psychiatric Outpatient Clinic consumers will be asked to answer a brief list of questions. The consumer will then receive a phone call from ACRP staff to schedule a social history assessment. This social history includes but is not limited to psychiatric, medical, psychological, social, vocational & educational needs. Each consumer will also complete and sign consent forms and informational releases, and receive an explanation of our services.

**3. Beginning Services** ~ At the intake assessment the individual may become an active patient of the clinic. A comprehensive, strength based plan of treatment will be developed with the consumer.

**4. Scheduling** ~ After staff has been assigned to each individual case, the consumer will be called to schedule their first therapy session.

### ACRP offers therapy services at the following School Outpatient Satellites:

- ACRP/St. Michaels’ School
- ACRP/Alternative School-Johnstown
- Central Cambria School District
- Conemaugh Valley School District
- Greater Johnstown School District
- Northern Bedford School District
- Penn Cambria School District
- Portage Area School District
- Tussey Mountain School District

