



**Alternative Community
Resource Program**

Helping Youth & Families

About ACRP

The Alternative Community Resource Program, Inc. is a non-profit agency dedicated to meeting the needs of at-risk youth and their families in Bedford, Blair, Cambria, Clearfield, and Somerset Counties.

Our goal is to prevent the out-of-home placement of these children and teens. ACRP has been working towards this goal since 1989 by helping families help themselves.

ACRP also offers:

- ◆ *Accountability Enhancement Program*
- ◆ *ADHD Summer Treatment Program*
- ◆ *After School Treatment Program*
- ◆ *Alternative Education & Treatment Program*
- ◆ *Children & Adolescent Partial Hospitalization Program*
- ◆ *Community Service Projects*
- ◆ *Family Based Mental Health Services*
- ◆ *Family Preservation Services*
- ◆ *Fatherhood Initiative Workshops*
- ◆ *Firesetter Intervention Program*
- ◆ *Parent & Specialized Group Sessions*
- ◆ *Peer Specialists (Adult)*
- ◆ *Psychiatric Outpatient Clinic*
- ◆ *Psychological & Psychiatric Services*
- ◆ *Recreational & Community Activities*

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Behavioral Health Rehabilitative Services

(Wraparound Services)



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What is BHRS?

Behavioral Health Rehabilitative Services (BHRS), also called wraparound, is a process designed to improve the lives of children and adolescents with complex psychological or behavioral needs. Services are available 7 days a week and become part of the child's daily routine. The process starts with the building of a treatment team that will work together to develop an individualized treatment plan. The team includes highly-trained mental health professionals, support staff, family members, and the child. Their goals include:

- ◆ Assessing the child's needs and strengths
- ◆ Setting goals for the child
- ◆ Setting goals for the family
- ◆ Evaluating treatment on an on-going basis

Who qualifies for BHRS?

Services are available to any child or adolescent under the age of 21 who meets these guidelines:

- ◆ Mental health diagnosis and recommendation by a Psychiatrist, Licensed Psychologist, or Primary Care Physician
- ◆ Eligible for Medical Assistance

(Please Note: Any child with a mental health diagnosis may become MA eligible in the State of PA)

How do I enroll my child?

To enroll or find out if your child or teen is a good candidate for wraparound services call ACRP at (814) 535-2277. Ask for the BHRS (Wraparound Department).

www.acrpkids.org

Who's on the BHRS Team?

Mobile Therapist (MT)

A master's level clinician who provides individual therapy, usually on a weekly basis, for the child or adolescent. Therapy can be done at home, in school, or in the community.

Behavioral Specialist Consultant (BSC)

A master's level mental health professional who works with the child, family, school, and any other care providers. The BSC develops the treatment plan with the family for all members of the team carry out. The BSC supervises the TSS to ensure the treatment plan is followed.



Psychological & Psychiatric Services:

ACRP offers psychological and psychiatric evaluations and assessments for children and adolescents to determine whether Behavioral Health and Rehabilitative Services or other services are needed. Call (814) 535-2277 for more information or to schedule an intake appointment.

Therapeutic Staff Support (TSS)

A Bachelor's level mental health professional, who works one-on-one with child or adolescent on a regular basis. The primary role of the TSS is to make sure all elements of the treatment plan are being followed. The TSS works with the child at home, in school and in the community. They may also serve as a role model for parents to learn helpful behavior interventions.

TSS Aide

Offers follow-up care and helps the child or adolescent make the transition out of BHRS treatment; acts as a support system for parents and helps the child continue to develop socially.

***For more information
about other services
available through ACRP call
toll-free 1-888-308-6783
or visit us online at www.acrpkids.org***