



## About ACRP

The goal of ACRP is to prevent out-of-home placement of children and adolescents and enable the family unit to remain intact.

To achieve this goal, ACRP operates several children, adolescent and family programs, and conducts a variety of services for youth, families and adults in the community at-large.

Youth and families at-risk of being separated and/or experiencing problems within the home, school or community will receive guidance, mentoring, assistance with skill building and be introduced to available community resources to allow youth and families to help themselves.

### ACRP offers:

- ◆ *Accountability Enhancement Program*
- ◆ *ADHD Summer Treatment Program*
- ◆ *Alternative Education & Treatment Program*
- ◆ *Behavioral Health Rehabilitative Services (Wraparound)*
- ◆ *Children & Adolescent Partial Hospitalization Program*
- ◆ *Community Service Projects*
- ◆ *Family Based Mental Health Services*
- ◆ *Family Preservation Services*
- ◆ *Fatherhood Initiative Workshops*
- ◆ *Firesetter Intervention Program*
- ◆ *Parent & Specialized Group Sessions*
- ◆ *Peer Specialists (Adult)*
- ◆ *Psychiatric Outpatient Clinic*
- ◆ *Psychological & Psychiatric Services*
- ◆ *Recreational & Community Activities*

## ACRP Corporate Office

131 Market Street  
Johnstown, PA 15901  
(814) 535-ACRP

**Frank J. Janakovic**  
*Executive Director*

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## After School Therapeutic Program

### ACRP / St. Michael's School

188 Gilbert Street  
Johnstown, PA 15906

Contact:

**Brian Nagle, M.S.**  
*Clinical Supervisor*  
**Matt Errett, M.A.**  
*Program Manager*  
(814) 536-5611

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### Ebensburg Office

118 W. High Street  
Ebensburg, PA 15931  
(814) 472-9330

**Michelle Buynack, Ebensburg Site Director**

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### Somerset County

1590 N. Center Ave, Suite 101  
Somerset, PA 15501  
(814) 445-1717

**Prudence Zarra, County Director**

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### Bedford County

Keystone North Professional Bldg.  
3759 Business Route 220 N  
Bedford, PA 15522  
(814) 623-1212

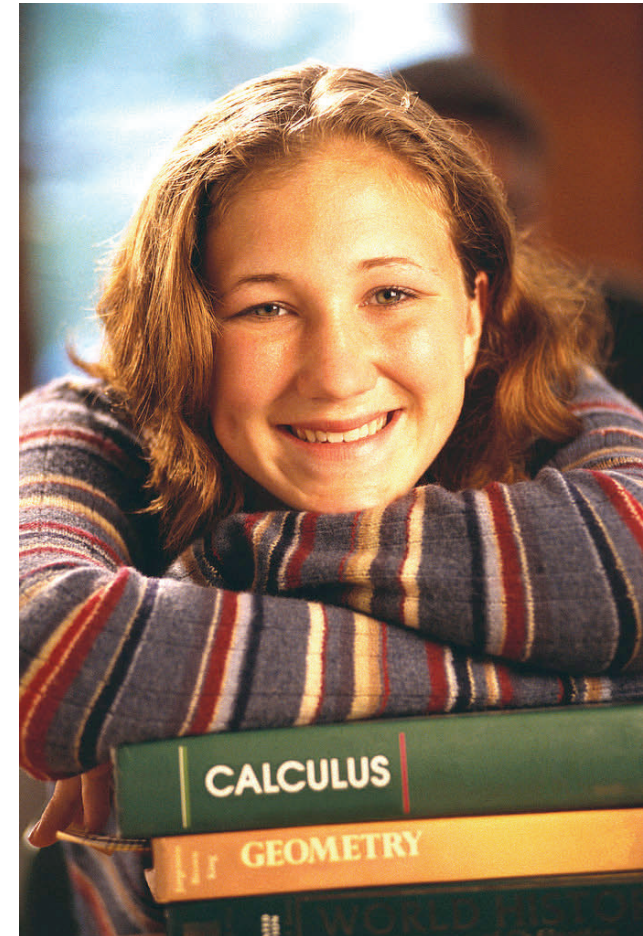
**Holly Shaffer, County Director**

For more information about ACRP call

toll-free 1-888-308-6783 or

[www.acrpkids.org](http://www.acrpkids.org)

# After School Therapeutic Program (ASTP)



# AFTER SCHOOL THERAPEUTIC PROGRAM (ASTP)

## What is the After School Therapeutic Program?

The ASTP is modeled after Dr. Pelham's internationally recognized Summer Treatment Program. The program will operate from two to five days per week from 4:00 to 8:00 pm (4 hours daily) and one Saturday (9:00am-3:00pm) per month, or during the day on non-school days. However, the child or adolescent's scheduled frequency of attendance will be determined based on medical necessity. Transportation is provided through Medical Assistance Transportation (MATP).

The After School Therapeutic Program is designed to meet the special needs of children with complex psychological or behavioral needs. An individual treatment plan is developed detailing the specific needs of the child. The staff and child will work in small groups for academic learning and computer skills training, art, recreational and physical activities, all in a therapeutic setting, to improve social interaction and basic coping skills. Children and adolescents are rewarded for positive behavior with daily reinforcements and may earn field trips.

### Referrals/Questions—Call our:

**Johnstown Office-** (814) 536-5611  
**Ebensburg Office-** (814) 472-9330  
**Somerset Office-** (814) 445-1717  
**Bedford Office-** (814) 623-1212

## Program Highlights

The After School Treatment Program works to achieve the following goals:

- ◆ Improve interaction with other children
- ◆ Improve learning skills
- ◆ Learn to improve attention & concentration skills
- ◆ Learn to follow through with instructions, complete tasks & comply with adult requests
- ◆ Improve self-esteem while developing personal, recreational, social and academic skills

## Length of Stay

Individual treatment may vary depending on the child's needs and progress. The average approval period is four months. Prior to completion of services, the treatment team and the family will develop an aftercare plan to ensure that the child & family's needs continue to be met.

## Psychological Services

*ACRP also offers psychological evaluations for children and adolescents to determine whether Behavioral Health and Rehabilitative, or other programming services are appropriate.*

*You may call toll free at 1-814-535-ACRP for more information or to schedule a screening or evaluation.*

## Who is Eligible?

Services are available to any child or adolescent under the age of 21 who meet these guidelines:

1. Recommended by a Psychiatrist, Licensed Psychologist, or Primary Care Physician.
2. Exhibits serious emotional and/or behavioral disturbances
3. Eligible for Medical Assistance (Access Card) and the services are deemed medically necessary

**(Please Note: Any child with a mental health diagnosis may become MA eligible in the state of PA.)**

## How Do I Enroll My Child?

Children and Adolescents may be referred by physicians, mental health professionals, educators, child welfare, juvenile probation workers, other agencies or by self referral. A referral is followed up with an intake and screening with the patient, and his or her family. If the child is an appropriate candidate for the After School Therapeutic Program, an evaluation is scheduled. The patient's admission is based upon the psychologist's recommendation and medical necessity.

**For more information about the After School Therapeutic Program or other services please call toll free at 1-888-308-6783 or visit our website at [www.acrpkids.org](http://www.acrpkids.org)**